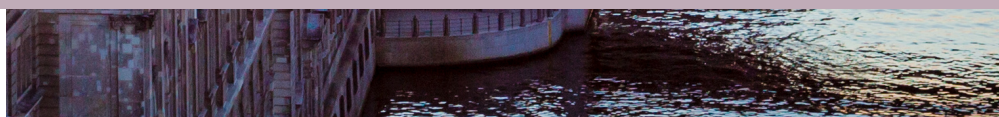


YOUTH GENDER DISTRESS

EVIDENCE, ETIOLOGIES, ETHICS, AND PSYCHOTHERAPY

**SEPTEMBER
11-14, 2025
BERLIN,
GERMANY**





EVIDENCE

THURSDAY, SEPTEMBER 11

- 9:00** WELCOME AND OPENING REMARKS
- 9:30** A BRIEF HISTORY OF PEDIATRIC GENDER MEDICINE (ZHENYA ABBRUZZESE)
- 10:00** THE DUTCH PROTOCOL FOR JUVENILE TRANSSEXUALS (MICHAEL BIGGS)
- 10:30** COFFEE BREAK
- 10:45** SOCIAL TRANSITION (ALISON CLAYTON)
- 11:15** EVIDENCE REVIEWS FOR PUBERTY BLOCKERS, HORMONES, AND SURGERIES (RAY ZHANG AND CHAN MORUZI)
- 11:45** KNOWN UNKNOWN: ANTICIPATING LONG-TERM RISKS OF CROSS-SEX HORMONES IN A YOUNG PATIENT POPULATION (JOVANNA DAHLGREN)
- 12:15** LUNCH
- 13:15** UNDERSTANDING THE INTERSECTION OF AUTISM AND TRANS IDENTIFICATION (JOHN BLYTHE)
- 13:45** DETRANSITION IN ADULthood (KAISA KETTULA)
- 14:15** PANEL: GAPS IN THE RESEARCH ON YOUTH GENDER DYSPHORIA
- 15:15** COFFEE BREAK
- 15:30** PANEL: SENIOR CLINICIANS REFLECT ON CURRENT TREATMENT OF GENDER-DYSPHORIC YOUTH (ERICA ANDERSON, KEN ZUCKER, STEPHEN LEVINE, SUSAN BRADLEY)
- 16:30** REMARKS FROM THE EUROPEAN SOCIETY FOR CHILD AND ADOLESCENT PSYCHIATRY (MAJA RADOBULJAC)



ETIOLOGIES

FRIDAY, SEPTEMBER 12

- 9:00** **COMBINING SOCIAL IDENTITY AND COGNITIVE BEHAVIOURAL THEORIES TO UNDERSTANDING STIGMATIZATION OF IDENTITY (PAUL SALKOVSKIS)**
- 9:30** **LISTENING WITHOUT MEMORY OR DESIRE IN THE AGE OF IDENTITY: THE ETHICS OF NOT KNOWING IN WORK WITH GENDER-QUESTIONING ADOLESCENTS**
- 10:00** **PSYCHODYNAMIC CONSIDERATIONS ON THE ETIOLOGY OF GENDER-RELATED IDENTITY CONFLICTS (ALEXANDER KORTE)**
- 10:30** **COFFEE BREAK**
- 10:45** **EMPIRICAL FINDINGS AND PSYCHODYNAMIC REFLECTIONS ON PERSONALITY, FUNCTIONING, IDENTITY DEVELOPMENT, AND TRAUMA IN GENDER-DYSPHORIC ADOLESCENTS (ANDRE LEONHARDT)**
- 11:15** **TAKING ON A DIAGNOSTIC LABEL (LUCY JOHNSTONE)**
- 11:45** **HOW ONLINE COMMUNITIES SHAPE ATTITUDES AND BELIEFS (SARAH MITTERMAIER)**
- 12:15** **LUNCH**
- 13:15** **SOCIOGENIC EPIDEMICS (RIITTAKERTTU KALTIALA)**
- 13:45** **GENDER DYSPHORIA AND SAME-SEX ATTRACTION (AMBER AULT, PAUL GARCIA-RYAN, JAMIE REED)**
- 14:45** **TRANS IDENTIFICATION AND THE DREAD OF THE SEXUAL (JACO VAN ZYL)**
- 15:15** **COFFEE BREAK**
- 15:30** **WHAT CLINICIANS NEED TO KNOW ABOUT AUTOGYNEPHILIA (MICHAEL BAILEY)**
- 16:00** **PANEL: WHAT IS GENDER IDENTITY? WHAT IS GENDER DYSPHORIA?**



ETHICS

SATURDAY, SEPTEMBER 13

- 9:00** COGNITIVE BIAS AND THE RESPONSE TO THE CASS REPORT (SALLIE BAXENDALE)
- 9:30** PANEL: ADDRESSING MISINFORMATION: DOMINANT AND SUBJUGATED NARRATIVES ABOUT SEX AND GENDER IN SOCIETY
- 11:15** COFFEE BREAK
- 11:30** HOW ASSESSMENTS BENEFIT CLIENTS AND REMOVING THEM UNDERMINES ETHICAL CARE (STEFAN DE VILLIERS)
- 12:00** ANALYSIS OF CONTEMPORARY HUMAN-RIGHTS DISCOURSE IN PEDIATRIC GENDER MEDICINE (LINDA HART)
- 12:30** LUNCH
- 13:30** CAN ETHICS 'SAVE' PEDIATRIC GENDER-AFFIRMING CARE, NOW THAT WE AGREE THE EVIDENCE IS WEAK? (JILLES SMIDS)
- 14:00** ETHICAL HEALTHCARE VS. 'BUYER BEWARE': THE MISUSE OF AUTONOMY IN PEDIATRIC GENDER MEDICINE (MOTI GORIN)
- 14:30** PANEL: ETHICAL CONSIDERATIONS IN PEDIATRIC GENDER MEDICINE
- 15:45** COFFEE BREAK
- 16:00** A CRITICAL REALIST LOOK AT 'GENDER HEALTHCARE' (DAVID PILGRIM)
- 16:30** KEYNOTE ADDRESS (KATHLEEN STOCK)



PSYCHOTHERAPY

SUNDAY, SEPTEMBER 14

- 9:00** GENDER CONSTANCY AND NEURODIVERSITY IN CHILDHOOD (KATIE ALCOCK)
- 9:30** ASSESSING THE ANTECEDENTS OF A NEW GENDER IDENTITY (STEPHEN LEVINE)
- 10:30** COFFEE BREAK
- 10:45** EXPLORING GENDERED EMBODIMENT IN SYSTEMIC & FAMILY PSYCHOTHERAPY (ANASTASSIS SPILIADIS)
- 11:15** BEYOND AFFIRMATION: LEARNING FROM TAVISTOCK GIDS (MARCUS EVANS)
- 11:45** FAMILY CONSULTATION MODEL (SUE EVANS)
- 12:15** LUNCH
- 13:15** INSIGHTS FROM A SPECIALIST PSYCHOTHERAPY SERVICE FOR MIXED GENDER IDENTITY PRESENTATIONS (AZ HAKEEM)
- 13:45** TRANS IS NOT THE NEW GAY (ROBERTO D'ANGELO)
- 14:15** PSYCHIC RETREAT IN ADDICTION, AUTOGYNEPHILIA, AND TRANS IDENTIFICATION (JOE BURGO)
- 14:45** COFFEE BREAK
- 15:00** TRANSITION-RELATED GRIEF: INSIGHTS FROM CLINICAL PRACTICE (PAUL GARCIA-RYAN)
- 15:30** PANEL: REFLECTIONS ON CLINICAL PRACTICE
- 16:30** PANEL: THE CASE FOR A NEW DIAGNOSIS
- 17:15** REFLECTIONS FROM THE AUDIENCE